

PRESSED FLOWER

Card Making Workshop

- A blank card (and envelope)
- Pressed flowers (could be bought or handpicked and dried between books)
- Pencil (to sketch your design)
- Glue (PVA and a fine brush or a glue pen)
- Scissors
- Tweezers (optional)
- String / or thin ribbon (if you want to make a little bunch)
- Label making machine / Gold foil and deco pen (optional lettering styles)
- Felt pens (optional)

In this session we invite you to make pressed flower greeting cards which will be thoughtful, creative and individual. Our cards will bring joy and a smile to loved ones near and far to celebrate love and kindness.

This activity uses materials which are quite easy to find in your own home and garden or local park, with our expert guidance you should still get that premium look and feel.

You can opt to go the whole hog and pick then press your own flowers OR if you are in a rush you can buy a packet of pre-pressed flowers meaning you can get on with the making much quicker.

We've created a simple step-by-step guide to show you the ropes of how to make your card for that special friend or loved one... so find your materials and let's go!



YOU WILL NEED

METHOD

01

CHOOSE YOUR CARD

Have a design in mind and choose coloured or white card to suit.



03

PLACE YOUR FLOWERS

Now you have a shape drawn out, place your flowers down on the card to decide the colours and layout.



02

SKETCH YOUR DESIGN

Once you have decided what you want to create sketch out your shape or wording, you can draw around our templates.



HOW TO

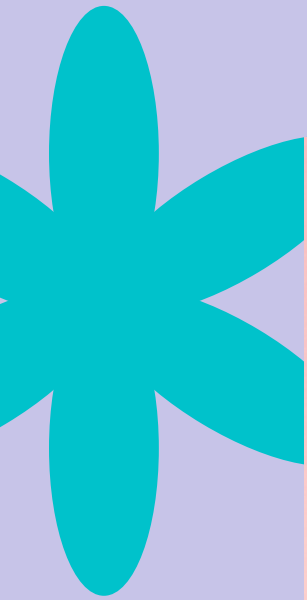
PRESS YOUR OWN FLOWERS

1. Place the flowers between two pieces of paper, and place them within the pages of a heavy book.
2. Use more books to weigh down the book once it is closed. Be sure not to disturb the arrangement of the flowers upon closing.
3. Change the blotter sheets every day, times for the flowers to dry out vary from 2/3 days to 2/3 weeks depending how big or how much moisture the flowers have. Try to pick flowers that will lay flat easily.



GLUE YOUR FLOWERS INTO PLACE
04

Using PVA and a fine brush or a glue pen, place a small amount along your pencil outlines and gently position your flowers and press down. Leave to fully dry before adding any text. All glue will be clear once fully dry.



ADD A PERSONAL MESSAGE
05

Using a deco pen and your best handwriting write a personal message on your card. Then place a piece of gold decofoil over the message and rub firmly peel back and there you have gold foil magic! or if you have handwriting you wouldn't exactly call card-worthy why not try using a label maker - you can even get colourful or gold tapes. Confident with your handwriting? Then freestyle with a brush pen.





NOW, GO
POST YOUR
CARD
TO THAT
SPECIAL
SOMEONE!

HOT TIPS

- Don't have a card? You can cut the back of an old card and make a picture that you could frame instead.
- Get outside in your garden or local park and see what flowers you can find, even greenery makes a pretty card.
- Be witty with your message.

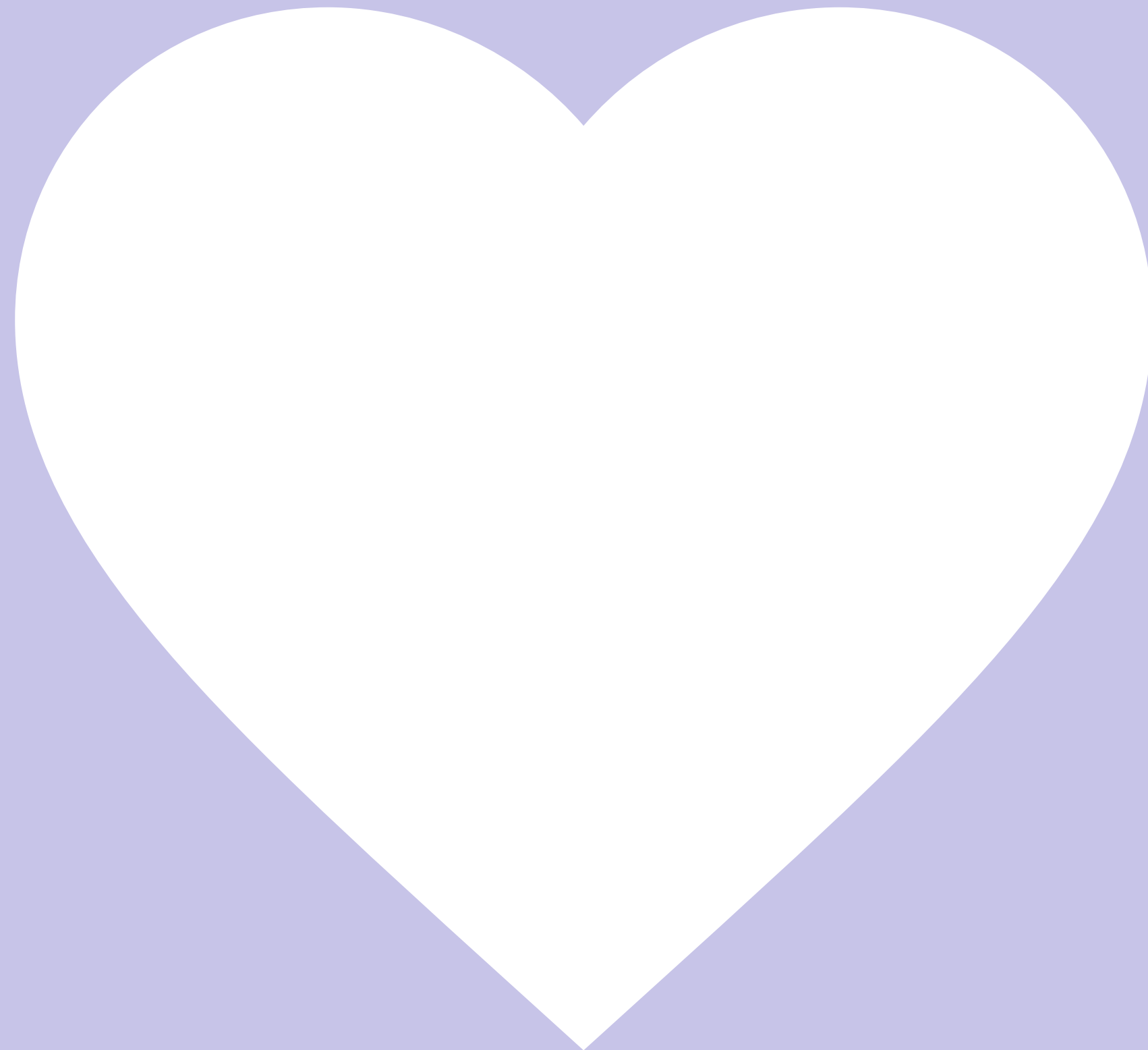
We'd love to see what you made,
share your creations with us on Instagram @canarywharflondon

In partnership with



CANARY WHARF
ARTS + EVENTS

TEMPLATES



LOVE