





How to make your Rainbow Wheel

- Print (or draw out your wheel and spinner) on card or paper. Cut them out.
- Colour in your wheel. Whist colouring you can listen to:

The Rainbow Story and Song

Mount your wheel and spinner on card with a glue stick (you can use a cereal box, back of a sketchbook or thin cardboard). Cut them out.





Pierce the centre of the wheel and spinner with a sharp pencil.

Find something smooth and round such as a metal straw or round pencil or pen. Make sure you make the hole a little bigger so the spinner can zoom around. Ask an adult to help.

How to play

- Spin the Rainbow Wheel to choose your Colour of the Day.
- Collect objects around your home or garden that match the Colour of the Day. Try food, toys, household objects, pictures in books as starting points.
- Take photographs of colourful objects and scenery that you can see from your window, balcony or whilst on your family exercise.
- Post your best colour days on Instagram or Twitter and tag
 - (c) canarywharflondon
 - (i) tea_dance_for_little_people
 - yourcanarywharf
 - **₩** TD4LP
 - TD4LP

